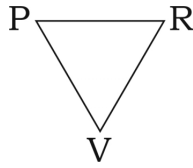


BLOG: THE ALCOHOLIC FAMILY TRIANGLES

THREE FAMILY ROLES:

Alcoholic

Co-Dependent

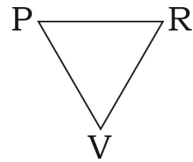


A.C.A. (Adult Child of an Alcoholic)

THE FOUR CLASSIC A.C.A. SCRIPT CHOICES:

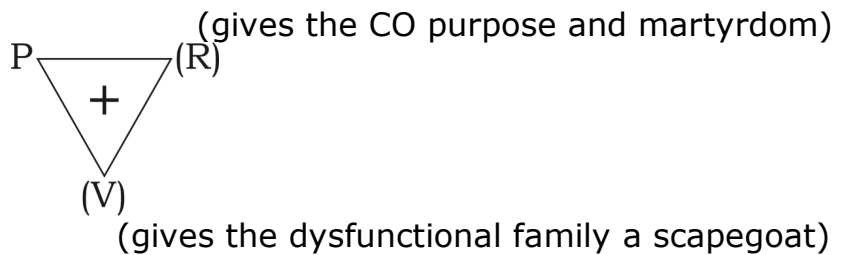
"Scapegoat"

"Hero," "Mascot"



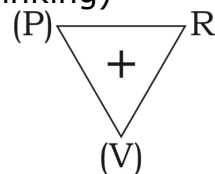
"Lost Child"

COMPASSION TRIANGLE'S HIDDEN ROLES: ALCOHOLIC AS IDENTIFIED PERSECUTOR:



COMPASSION TRIANGLE'S HIDDEN ROLES: CO-ALCOHOLIC AS IDENTIFIED RESCUER:

(being too soft or too hard enables drinking)

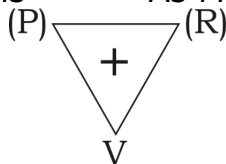


(Co trapped by guilt and needs)

COMPASSION TRIANGLE'S HIDDEN ROLES: A.C.A - IDENTIFIED PATIENT OR HERO

As Scapegoat exposes family problems

As Mascot or Hero masks family problems



As Lost Child escapes family problems